**CURRICULUM VITAE**

**Name-surname:** Seda KARAKAYA ÇATALDAŞ

**Date of birth:** 14 November 1990

**Title :** Asst. Prof., Ph.D, RN.

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**Foreing Languages (Score and year):** 86 (2021 Yökdil English)

**Certificates:**

1. 2015-2021, Dr. Abdulkadir Ozbek Psychodrama Institute,  Title: Psychodramatist.
2. 2016-2018 Istanbul Faculty of Medicine, Department of Psychiatry, Social Psychiatry Service, Art Psychotherapy and Rehabilitation Program-Art Psychotherapy Training for Mental Health Disorders. Title: Art practitioner.
3. 23-26 November 2017, Training of basic addiction, 11th National Alcohol and Drug Addiction Congress.
4. 20-21 Şubat 2016, Üsküdar University Continuing Education Application and Research Center, Introduction to Qualitative Research Methods.

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| **Title** | **Department** | **University** | **Year** |
| BSN | Nursing | Gulhane Military Medical Academy School of Nursing | 2008-2012 |
| Master | Mental Health and Psychiatric Nursing | Istanbul University Institute of Health Science | 2014-2017 |
| PhD | Mental Health and Psychiatric Nursing | Istanbul University-Cerrahpasa Institute of Graduate Studies | 2017- 2021 |

**Educational Background:**

**Master Thesis:**

Karakaya S. ‘’LGBT individuals' opinion about the health care experiences: A qualitative research’’ Istanbul University, Institute of Health Science, Mental Health and Psychiatric Nursing Department. Master Thesis. Istanbul, 2017. **Thesis advisor:** Prof. Dr. Fatma Yasemin KUTLU

**Doctoral Thesis:**

‘’The effects of art psychotherapy applied to individuals with neurotic personality organization on ego functions, emotion-regulation, interpersonal relationship styles’’ Istanbul University-Cerrahpasa, Institute of Graduate Studies, Mental Health and Psychiatric Nursing Department, 2021. **Thesis advisor:** Prof. Dr. Fatma Yasemin KUTLU

**Professional Experiences:**

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| **Position** | Place | **Year** |
| Intorn Nurse | Gulhane Military Medical Academy (GMMA), Pediatric oncology and hematology | 2012-2013 |
| RN | GMMA Haydarpasha, Cardiology | 2013-2016 |
| MSc, RN | Sultan II. Abdülhamid Han Training and Research Hospital, Cardiology | 2016-2018 |
| MSc, RN | Sultan II. Abdülhamid Han Training and Research Hospital, Psychiatry | 2018-2019 |

**Administrative Responsibilities**

Sultan II. Abdülhamid Han Training and Research Hospital, Charge Nurse of Psychiatry Unit 2019- 2022

**Publications**

**Publications in Peer-review International Journal**

1. **Karakaya, S.,** & Kutlu, F. Y. (2021). LGBT individuals' opinions about their health care experiences: A qualitative research study. *Journal of Nursing Management*, *29*(1), 24-31. (impact factor 3.3)
2. Ayhan-Balik, C. H., **Karakaya, S**., & Kutlu, F. Y. (2022). Factors affecting anxiety and depression during the first wave of the COVID-19 pandemic: a cross-sectional study of three different populations. *The Egyptian Journal of Neurology, Psychiatry and Neurosurgery*, *58*(1), 1-10.
3. **Karakaya, S.,** Baydemir Sarımurat, N. ‘’The effect of psychodrama on anxiety levels in patients diagnosed with anxiety disorder’’ *International Journal of Group Psychotherapy*

(Submitted- awaiting)

1. **Karakaya. S.,** Ayhan Balık, H. “The Effect of Art Therapy on Social Functioning and Disability in Patients with Schizophrenia and Bipolar Disorder” Perspectives in Psychiatric Care (Submitted-awaiting)

**Presentations in International Conferences (Conference proceedings):**

1. ‘’The Knowledge Level of Hypertensive Patients; do we need to do more?’’ poster presentation, 31. Turkish Cardiology Congress with International Participation, 22-25 October 2015, Antalya.
2. ‘’ LGBT individuals' opinion about the health care experiences: A qualitative research’’ oral presentation, European Conference on Mental Health, 14-16 Sep 2016 Prague.
3. “The Effect of Art Therapy on Social Functioning in Patients with Schizophrenia and Bipolar Disorder” Oral presentation 2018, International Psychiatric Nursing Congress.

**Chapters in National / International Books:**

1. Karakaya, S. (2022). Psychosocial Aspects of Cancer and its Effects. Göl, L.A, Göl E., Mehel Tutuk, S. P. (Eds.), ’Health Psychology (pp. 161-176). İstanbul: Matsa Press.
2. Karakaya, S. (2022). Personality Disorders and Nursing Approach. Istanbul University. Faculty of Open and Distance Education (In progress).
3. Karakaya, S. (2022). Sexual Dysfunctions, Paraphilias, and Gender Dysphoria and Nursing Management (In progress).

**Papers Presented at National Scientific Meetings and Published in Proceedings:**

1. ‘’The assessment of knowledge levels of pregnant women about delivery methods and their approaches to cesarean’’ poster presentation, 10th National Nursing Students Congress 28-30 April 2011.
2. ''The effect of psychodrama on anxiety symptoms level in adults'' oral presentation 5th National Health Service Symposium of Vocational Schools 7-8 April 2022

**Reserch Paper in Progress:**

1. Karakaya, S., Ayhan H., Kutlu, F.Y. ‘’The virus and human debating for live:Psychosocial effect of the disease in individuals with Covid-19’’
2. Mansuroglu, S., Aktas, M., **Karakaya, S.,** Kutlu, F. Y ‘’The assessment of stress levels, coping strategies and traumatic growth levels in healthcare workers with diagnosed COVID-19’’
3. Aktas, M., Mansuroglu, S., **Karakaya, S.,** Kutlu, F. Y ‘The perceptions of stigma related to the disease, quality of life and social cohesion levels of individuals with a diagnosis of COVID-19’’
4. Maden, O., **Karakaya S.,** ‘’The determination of smoking and alcohol prevalence among inpatients of psychiatry in a teaching hospital’’

**Invited Speaker in Conferences and Symposiums**

1. 22-24 November 2019, 3. Congress of Mental Healing. Group therapy practices in neurotic patients.
2. French Lape Hospital II. Psychiatric Nursing Days-3 May 2019: ‘’Psychodynamic Art Psychotherapy and Transfer Object Function of Artwork’’
3. Workshop on Strengthening Nursing Practices in Mental Health and Psychiatry Services 10-11 January 2020: Current Situation in Psychiatric Nursing Practices in Our Country: Example of hospital: Sultan II. Abdulhamid Han Training and Research Hospital.
4. Istanbul Psychodrama days: Online Art Psychotherapy: Limitations and Advantages.
5. Nursing Experiences Symposium, January 15, 2022: Panel: Secondary Traumatic Stress and Empowerment in the Nursing Profession (Moderator)

**The Scientific Congresses and Symposiums Attended**

1. 10th National Nursing Students Congress, 28-30 April 2011.
2. Istanbul University Faculty of Medicine, Department of Psychiatry VIII. Psychiatry Workshops 13-14 December 2014.
3. 1st LGBTI Mental Health Symposium 5-6 December 2015.
4. Anatolian Trauma Working Days 3-4 October 2015, Istanbul Bilgi University
5. 8th Turkish Armed Forces National Nursing Congress .
6. 6th Symposium of Cardiac Rehabilitation Nursing 7 December 2016, Sultan Abdulhamid Han Training and Research Hospital.
7. 5th European Conference on Mental Health 14-15 September 2016, Prague.
8. 11th National Congress of Alcohol and Drug Dependence 23-26 November 2017, Antalya.
9. V. International IX. National Psychiatric Nursing Congress 20-23 November 2018, Antalya
10. V. Art Psychotherapy Training and Workshops. Gümüşlük Academy Summer School 25-29 June 2018
11. Symposium on Current Research and Evidence-Based Practice 22 March 2019, Yeditepe University
12. 41. International Group Psychotherapies Congress 25-26 May 2016, Bergama
13. 42. International Group Psychotherapies Congress 31 May-3 June 2017, Bergama
14. 43. International Group Psychotherapies Congress 23-26 May 2018, Bergama
15. 44. International Group Psychotherapies Congress 29 May- 1 June, Bergama
16. 10. Istanbul Psychodrama Days 3-4 December 2016
17. 11. Istanbul Psychodrama Days: 2-3 December 2017
18. 12. Istanbul Psychodrama Days: 1-2 December 2018
19. 5th National Health Service Symposium of Vocational Schools 7-8 April 2022

**Membership/Responsibilities to Professional Organizations**

1. The Association of Psychiatric Nurses – Board member (2022-2024) - Vice president and coordinator of the Community Mental Health Commission.
2. Istanbul Psychodrama Association
3. The Association of Arts Psychotherapies

**Courses taught in last two years**

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| **Academic Year** | **Term** | **Course Name** | **Hours / Weekly** | | **Count of Student** |
| **Theoric** | **Practical** |

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| İstanbul Bilgi Üniversitesi-Faculty of Health Sciences/ Nursing  2019-2020 | Fall | Internship of Psychiatric Nursing | - | 8 | 20 |
| Koç University- Nursing Faculty  2021-2022 | Fall | Nurs 207 Therapeutic Communication | 2 | 2 | 28 |
| İstanbul Kent University- Faculty of Health Sciences / Nursing  2021-2022 | Fall | Mental Health and Psychiatric Nursing | 4 | 8 | 37 |