

Mehmet Eskin, PhD

Curriculum Vitae

Department of Psychology
College of Social Sciences and Humanities
Koç University
Istanbul, Turkey
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Positions

Professor

Koç University, College of Social Sciences and Humanities, Department of Psychology, Istanbul, Turkey, 2018-

Professor

Adnan Menderes University, Faculty of Medicine, Department of Psychiatry, Aydin, Turkey, 2008-2018

Associate Professor

Adnan Menderes University, Faculty of Medicine, Department of Psychiatry, Aydin, Turkey, 2002-2008.

Assistant Professor

Adnan Menderes University, Faculty of Medicine, Department of Psychiatry, Aydin, Turkey, 2000-2002

Associate Professor

Stockholm University, Department of Psychology, Stockholm, Sweden, 2001.

Adjunkt Professor

Istanbul Bilgi University, Department of Psychology, Istanbul, Turkey, 1999-2000

Post-Doctoral Fellow and Adjunkt Professor

With Swedish Foundation for International Cooperation in Research and Education (STINT) Fellowship at Koç University, Department of Psychology, Istanbul, Turkey, 1997-1999

Post-Doctoral Fellow, Suicidology,

Stockholm University, Department of Psychology, Stockholm, Sweden 1995-1996.

Education

Ph.D., Psychology, 1991-1995

Stockholm University, Department of Psychology, Stockholm, Sweden

M.Sc., Clinical Psychology, 1989-1991

Department of Psychology, University of Oslo, Oslo, Norway

M.Sc., Clinical Psychology, 1987-1989

Department of Psychology, METU, Ankara, Turkey

B.Sc., Psychology, 1982-1987

Department of Psychology, Middle East Technical University (METU), Ankara, Turkey

Publications

Books

Eskin, M., Dereboy, Ç.G., Karancı, A.N. (2020). *Klinik Psikoloji: Bilim ve Uygulama [Clinical psychology: Science and practice, Edited volume]*. Ankara: Turkish Psychological Association.

Eskin, M. (2013). *Problem Solving Therapy in the Clinical Practice*. Newnes: Elsevier.

Eskin, M. (2014). *İntihar: Anlama, Değerlendirme, Tedavi ve Önleme, 3rd Edition (Suicide: Understanding, Assessment, Treatment and Prevention, in Turkish)*. Ankara: Turkish Psychological Association.

Eskin, M., Dereboy, C., Harlak, H., & Dereboy, F. (2012). *Türkiye’de Gençlik: Ne Biliyoruz, Ne Bilmiyoruz. (Youth in Turkey: What We Know, What We do not Know, Edited Volume, in Turkish)*. Ankara: Türkiye Çocuk ve Genç Psikiyatrisi Derneği Yayınları.

Eskin, M. (2015). *Sorunlarımı Çözebilirim, 2nd Edition. (I can Solve my Problems, in Turkish)*. Ankara: Turkish Psychological Association.

Eskin, M. (2018). *Sorun Çözme Terapisi, 4th Edition (Problem Solving Therapy, in Turkish)*. Ankara: Altınordu Yayınları.

Aycan, Z., Eskin, M., & Yavuz, S. (2007). *Hayat Dengesi: Hayatı Dengeleme Sanatı (Life Balance: The Art of Balancing Life, in Turkish)*. İstanbul: Sistem Yayıncılık.

Eskin, M., & Parr, D. (1996). *Introducing a Swedish version of an instrument measuring mental stress*. Reports from the Department of Psychology, Stockholm University, No: 813.

Eskin, M. (1991). *Rural population's perceptions of and attitudes towards mental illness in Turkey: The influence of behavior type, help-source and sex*. Reports from the Department of Psychology, Stockholm University, No: 736.

Eskin, M. (1993). *Age specific suicide rates and the rates of increase, and suicide methods in Sweden and Turkey: A comparison of the official suicide statistics*. Reports from the Department of Psychology, Stockholm University, No: 772.

Book Chapters

Eskin, M., Aycan, Z., Sümer, H. C., & Sümer, N. (2020). Psychology as a profession in Turkey: Current state and challenges. In *Teaching Psychology Around the World* (Volume 5) edited by G. J. Rich, pp. 291-301. Cambridge Scholars Publishing

Sümer, N., Sümer, H. C., & Eskin, M. (2020). The journey of psychology education in Turkey. In *Teaching Psychology Around the World* (Volume 5) edited by G. J. Rich, pp. 302-313. Cambridge Scholars Publishing

Eskin, M. (*forthcoming*). The role of culture in suicidal process. To be published in *Spirituality and Mental Health Across Cultures* being edited by M. Schouler-Ocak & M. M. Khan.

Eylem, O., & Eskin, M. (*forthcoming*). Suicidal behaviour and social cultural factors among immigrants of Turkish origin in Germany. To be published in *Spirituality and Mental Health Across Cultures* being edited by M. Schouler-Ocak & M. M. Khan.

Eskin, M. (2019). Kişilerarası psikolojik intihar kuramı [Interpersonal psychological theory of suicide, in Turkish]. In *İntiharı Anlama ve Müdahale* edited by H. D. Özgüven & M. Sercan, pp. 111-133. Türkiye Psikiyatri Derneği Yayınları.

Eskin, M., & Köskün, T. (2019). İntihar riskinin değerlendirilmesinde psikometri [Psychometry in suicide risk assessment, in Turkish]. In *İntiharı Anlama ve Müdahale* edited by H. D. Özgüven & M. Sercan, pp. 199-220. Türkiye Psikiyatri Derneği Yayınları.

Özgüven, H. D., & Eskin, M. (2019). İntihar riskinin değerlendirilmesi [Suicide risk assessment, in Turkish]. In *İntiharı Anlama ve Müdahale*, edited by H. D. Özgüven & M. Sercan, pp. 111-133. Türk Psikiyatri Derneği Yayınları.

Eskin, M. (2020). Psikolojik girişimler: Psikoterapi ve danışma [Psychological interventions: Psychotherapy and counselling, in Turkish]. To be published in *Klinik Psikoloji Kitabı* being edited by M. Eskin, Ç. Dereboy & A. N. Karancı.

- Eskin, M., & Öztürk, C. Ş. (2020). Sorun çözme terapisi [Problem-solving therapy, in Turkish]. To be published in Klinik Psikoloji Kitabı being edited by M. Eskin, Ç. Dereboy & A. N. Karancı.
- Poyrazli, S. & Eskin, M. (2013). Bisexual identity in a traditional culture: A case study from Turkey. In S. Poyrazli & C. E. Thompson (Eds.), *International Case Studies in Mental Health*. Los Angeles: Sage.
- Poyrazli, S., Dogan, S., & Eskin, M. (2012). Counseling and Psychotherapy in Turkey: Western theories and culturally inclusive methods. In R. Moodley, U. P. Gielen & R. Wu (Eds.), *Handbook of Counseling and Psychotherapy in an International Context*. New York: Routledge.
- Eskin, M. (2011). Türkiye’de cinsel yönelim çalışmaları (Sexual orientation studies in Turkey. In M. Eskin, C. Dereboy, H. Harlak & F. Dereboy (Eds.), Türkiye’de Gençlik: Ne Biliyoruz, Ne Bilmiyoruz. (*Youth in Turkey: What We Know, What We do not Know, Edited Volume in Turkish*). Ankara: Türkiye Çocuk ve Genç Psikiyatrisi Derneği Yayınları.
- Eskin, M. (2007). Aile Terapileri: Temel Kavramlar, Seçilmiş Modeller (Family Therapies: Basic concepts and selected models, in Turkish), In E. Köroğlu, ve C. Güleç (Eds.), *Temel Psikiyatri Kitabı (Fundamentals of Psychiatry)*. Ankara: HekimlerYayınBirliği.
- Eskin, M. (2009). Sorun Çözme Terapisi (*Problem Solving Therapy*). In E. Köroğlu & H. Türkçapar (Eds.), *Psikoterapi Yöntemleri (Psychotherapy Methods, in Turkish)*. Ankara: HekimlerYayınBirliği, pp. 145-170.
- Eskin, M (2016). Gençlik ve intihar: Ölmek için çok erken (Suicide and youth: Too young to die). In A. Görgün Baran & M. Çakır (Eds.), *Inter-disipliner Yaklaşımla Gençliğin UMUDU, TOPLUMUN Beklentileri* (pp. 283-298). Ankara: Hacettepe Üniversitesi Yayınları.
- Eskin, M. (2016). Birinci basamak sağlık hizmetlerinde sorun çözme terapisi (Problem solving-therapy in primary care). In S. Demirağ, İ. Ünlüoğlu & U. Katkıcı (Eds.), *Aile Hekimliğinde Yasalar ve Yasal Konular* (pp. 94-122), İstanbul: Türkiye Aile Hekimleri Vakfı Yayınları.

Journal Articles

- Eskin, M., Baydar, N., El-Nayal, M., Asad, N., Noor, I. M., Rezaeian, M., ... & Mechri, A. (2020). Associations of religiosity, attitudes towards suicide and religious coping with suicidal ideation and suicide attempts in 11 Muslim countries. *Social Science & Medicine*, 113390.

- Sözer, Ö.T., & Eskin. M. (2020). Religiosity, identity confusion, and psychological well-being: Moderating role of religious orientation. *Journal of Religion and Health (Under Review)*.
- Eskin, M., Tran, U. S., Carta, M. G., Poyrazli, S., Flood, C., Mechri, A., ... & Sun, J. M. (2020). Is Individualism Suicidogenic? Findings From a Multinational Study of Young Adults From 12 Countries. *Frontiers in Psychiatry*, 11, 259.
- Eskin, M. (2020). Suicidal behavior in the Mediterranean countries. *Clinical Practice & Epidemiology in Mental Health*, 16(1), 93-100.
- Eskin, M., Arslantaş, H., Öztürk, C. Ş., & Eskin, B. (2020). Kişilerarası ihtiyaçlar anketi ve edinilmiş intihar yeterliliği-ölüm korkusuzluğu ölçeğinin psikometrik özelliklerinin araştırılması. *Klinik Psikiyatri Dergisi*, 23(2), 161-169.
- Yüksel, R., Arslantaş, H., Eskin, M., & Kızılkaya, M. (*in press*). Hemşire öğrencilerin eşcinsellere yönelik tutumlarını etkileyen faktörler [The factors affecting the attitudes of nursing students towards homosexual individuals]. Yeni/New Symposium.
- Eskin, M., Poyrazli, S., Janghorbani, M., Bakhshi, S., Carta, M. G., Moro, M. F., ... & Hamdan, M. (2019). The Role of Religion in Suicidal Behavior, Attitudes and Psychological Distress Among University Students: A Multinational Study. *Transcultural Psychiatry*, 56(5), 853-877.
- Giovanni-Carta, M., Eskin, M., Moussaouiand, D., & Karam, K. (2020). Mental Health in the Mediterranean Area. *Clinical Practice & Epidemiology in Mental Health*, 16(1), 67-69.
- Eskin, M. (2020). Zihin bir yolunu bulur: Sorun çözüme. *Koç Üniversitesi Fener Dergisi*.
- Arslantaş, H., & Eskin, M. Üniversite Öğrencilerine Verilen Sorun Çözme Becerileri Dersinin Öğrencilerin Sorun Çözme Becerileri ve Bazı Değişkenleri Üzerine Etkisi. *Balıkesir Sağlık Bilimleri Dergisi*, 8(2), 61-68.
- Arslantaş, H., Adana, F., Harlak, H., & Eskin, M. (2019, June). Hemşirelik ve Ebelik Öğrencilerinin İntihar Davranışına Yönelik Tutumları. *Yeni Symposium*, 57(2), 6-12.
- Eskin, M., Albuhairan, F., Rezaeian, M., Abdel-Khalek, A. M., Harlak, H., El-Nayal, M., ... & Hamdan, M. (2019). Suicidal thoughts, attempts and motives among university students in 12 Muslim-majority countries. *Psychiatric Quarterly*, 90(1), 229-248.
- Arslantaş, H., Erkayıran, O., Dereboy, Ç., Eskin, M., & Dereboy, F. (2019). Kişilik bozukluğunda cinsel fiziksel istismar: Menderes kişilik bozukluğu araştırma sonuçları [Sexual physical abuse in personality disorder: Menderes personality disorder research results, in Turkish]. *Klinik Psikiyatri Dergisi*, 22, 157-168.

- Köskün, T., & Eskin, M. (2019). Kayıplar ve travma sonrası gelişim [Bereavement and posttraumatic growth, in Turkish]. *Turkiye Klinikleri Psychology-Special Topics*, 4(1), 70-83.
- Kilincaslan, A., Gunes, A., Eskin, M., & Madan, A. (2019). Linguistic adaptation and psychometric properties of the Columbia-Suicide Severity Rating Scale among a heterogeneous sample of adolescents in Turkey. *The International Journal of Psychiatry in Medicine*, 54, 115-132.
- Flood, C., Yilmaz, M., Phillips, L., Lindsay, T., Eskin, M., Hiley, J., & Tasdelen, B. (2018). Students' Attitudes to Suicide and Suicidal Persons: A Cross-National and Cultural Comparison between Turkey and United Kingdom. *Journal of Psychiatric and Mental Health Nursing*, 25, 369-379.
- Dereboy, F., Dereboy, Ç., & Eskin, M. (2018). Validation of the DSM-5 Alternative Model Personality Disorder Diagnoses in Turkey, Part 1: LEAD Validity and Reliability of the Personality Functioning Ratings. *Journal of Personality Assessment*, 100, 603-611.
- Harlak, H., & Eskin, M. (2018). Dini Yönelim ve Dindarlık Ölçeklerinin geliştirilmesi ve psikometrik özelliklerinin incelenmesi [The development of Religious Orientation and Religiosity Scales and the investigation of their psychometric properties, in Turkish]. *Yeni Symposium: A Journal of Psychiatry, Neurology and Behavioral Sciences*, 56(2), 24-32.
- Eskin, M. (2018). Suicide and culture. *Beirut Arab University Journal: Health and Wellbeing*, 1, 33-50.
- Eskin, M. (2018). Gençler Arasında intihar davranışları [Suicide in young people, in Turkish]. *Turkiye Klinikleri Child Psychiatry-Special Topics*, 4, 271-276.
- Dereboy, Ç., Şenel, H., Şafak Öztürk, C., Şakiroğlu, M., & Eskin, M. (2017). Psikoterapi: Ruh Sağlığı Hizmetlerinin Üç Maymunu mu? [Psychotherapy: Is it the Three Monkeys in Mental Health Service Provision?]. *Archives of Neuropsychiatry-Nöropsikiyatri Arşivi*, 54, 301-306.
- Eskin, M. (2017). Gençler arasında intihar düşüncesi, girişimi ve tutumları [Suicidal ideation, attempts and attitudes in youth]. *Türk Psikoloji Dergisi*, 56, 93-111.
- Eskin, M. (2017). Turkish Imams' Experience with and Their Attitudes Toward Suicide and Suicidal Persons. *Journal of Religion and Health*, 56(3), 817-827.
- Eskin, M., Kujan, O., Voracek, M., Shaheen, A., Carta, M. G., Sun, J. M., ...& Mechri, A. (2016). Cross-national comparisons of attitudes towards suicide and suicidal persons in university students from 12 countries. *Scandinavian Journal of Psychology*, 57(6), 554-563.

- Eskin, M., Sun, J. M., Abuidhail, J., Yoshimasu, K., Kujan, O., Janghorbani, M., ...& Hamdan, M. (2016). Suicidal behavior and psychological distress in university students: a 12-nation study. *Archives of Suicide Research, 20*(3),369-388.
- Eskin, M. (2016). Correlates of same-sex sexual behaviors, attractions and non-heterosexual sexual identity in a Turkish sample. *New Symposium: A Journal of Psychiatry, Neurology and Behavioral Sciences, 54*(2), 9-16.
- Eskin, M., & Şafak-Öztürk, C. (2017). Depresyon Tedavisinde Psikoterapi [Psychotherapy in the treatment of depression]. *Türkiye Klinikleri Journal of Family Medicine Special Topics, 8*(1), 52-57.
- Eskin, M, & Şafak-Öztürk, C. (2017). Klinik Psikolojide Değerlendirme Tür ve Alanları [Kinds and domains of assessment in clinical psychology], *Türkiye Klinikleri Journal of Psychology-Special Topics, 2* (1), 30-44.
- Eskin, M., & Devrimci-Özguven, H. (2017). İntihar riskinin değerlendirilmesi [Assessment of suicidal risk], *Psikiyatride Güncel, 7*(11),15-26.
- Eskin, M, Şafak-Öztürk, C, & Şakiroğlu, M. (2016). Cinsel şiddet olgularına psikolojik yaklaşım ve değerlendirilmesi (Psychological treatment and assessment of sexual violence victims), *Türkiye Klinikleri Journal of Forensic Medicine-Special Topics, 2*(2), 47-55.
- Eskin, M., Schild, A., Öncü, B., Stieger, S., & Voracek, M. (2015). A cross-cultural investigation of suicidal disclosures and attitudes in Austrian and Turkish university students. *Death Studies, 39*(10), 584-591.
- Eskin, M., Şavk, E., Uslu, M. & Küçükaydoğan, N. (2014). Social problem-solving, perceived stress, negative life events, depression and life satisfaction in psoriasis. *Journal of the European Academy of Dermatology & Venereology, 28*, 1553-1559.
- Eskin, M., Palova, E. & Krokavcova, M. (2014). Suicidal behavior and attitudes in Slovak and Turkish high school students: A cross-cultural investigation. *Archives of Suicide Research, 18*, 58-73.
- Dereboy, C., Güzel, H. S., Dereboy, F., Okyay, P., & Eskin, M. (2014). Personality disorders in a community sample in Turkey: Prevalence, associated risk factors, temperament and character dimensions. *International Journal of Social Psychiatry, 60*, 139-147.
- Eskin, M. (2013). The effects of individualistic-collectivistic value orientations on nonfatal suicidal behavior and attitudes in Turkish adolescents and young adults. *Scandinavian Journal of Psychology, 54*, 493-501.
- Eskin, M., Akyol, A., Çelik, E. Y. & Gültekin, B. K. (2013). Social problem-solving, perceived stress, depression and life-satisfaction in patients suffering from tension type and migraine headaches. *Scandinavian Journal of Psychology, 54*, 337-343.

- Eskin, M., Harlak, H., Demirkiran, F. & Dereboy, C. (2013). The adaptation of the Perceived Stress Scale into Turkish: A reliability and validity analysis. *New Symposium: A Journal of Psychiatry, Neurology and Behavioral Sciences*, 51,132-140.
- Amiri, L., Voracek, M., Yousef, S., Galadari, S. Y., Sadeghi, M-R., Eskin, M. & Dervic, K. (2013). Suicidal behaviors and attitudes among medical students in United Arab Emirates. *Crisis: The Journal of Crisis Intervention and Suicide Prevention*, 34, 116-123.
- Eskin, M. (2012). The role of childhood sexual abuse, childhood gender nonconformity, self-esteem and parental attachment in predicting suicide ideation and attempts in Turkish young adults. *Suicidology Online*, 3, 114-123.
- Eskin, M. (2012). Factors related to marital satisfaction and views about marital therapy in couples applying for marital therapy. *Turkish Journal of Clinical Psychiatry*, 15,226-237.
- Eskin, M., Kurt, I., & Demirkiran, F. (2012). Does social problem-solving training reduce psychological distress in nurses employed in an academic hospital? *Journal of Basic and Applied Scientific Research*, 2, 10450-10458.
- Baspinar Can, P., Dereboy, C. & Eskin, M. (2012). Comparison of the Effectiveness of Cognitive Restructuring and Systematic Desensitization in Reducing High-Stake Test Anxiety. *Turkish Journal of Psychiatry*, 23, 9-17.
- Eskin, M., Voracek, M., Stieger, S., & Altinyazar, V. (2011). A cross-cultural investigation of suicidal behavior and attitudes in Austrian and Turkish medical students. *Social Psychiatry and Psychiatric Epidemiology*, 46, 813-823.
- Demirkiran, F., Ozgun, O., Eskin, M., Turk, G., Cam, R., Ozgun, Ö., & Demirkiran, A. (2011). Cognition of Breast Cancer Among Gestational Age Turkish Women: A Cross-Sectional Study. *Asian Pacific Journal of Cancer Prevention*, 12, 277-282.
- Eskin, M., & Aycan, Z. (2009). The adaptation of the revised social problem solving inventory into Turkish (Tr-SPSI-R): A reliability and validity analysis. *Turkish Psychological Articles*, 12, 11-13.
- Dikicioglu-Cetin, M, Savk, E, Uslu, M, Eskin, M, ve Karul, A. (2009). Investigation of the Inflammatory Mechanisms in Alopecia Areata. *American Journal Dermatopathology*, 31, 53-60.
- Eskin, M., Ertekin, K., & Demir, H. (2008). Efficacy of a Problem-Solving Therapy for Depression and Suicide Potential in Adolescents and Young Adults. *Cognitive Therapy and Research*, 32,227-245.

- Eskin, M., Ertekin, K., Harlak, H., & Dereboy, C. (2008). Prevalence of and factors related to depression in high school students. *Turkish Journal of Psychiatry, 19*, 382-389.
- Karadag, F., Ozcan, H., Eskin, M., Karul, A. B., Ceylan E., Tufek, Y., & Cildag, O. (2008). Psychological distress in chronic obstructive pulmonary disease patients. *Stress and Health, 24*, 115-122.
- Eskin, M. (2007). Cognitive-Behavioral Approaches to Suicide. *Turkish Journal of Crisis, 15*, 15-33.
- Uslu, G., Şendur, N., Uslu, M., Şavk, E., Karaman, G., & Eskin, M. (2007). Acne: Prevalence, perceptions and effects on psychological health among adolescents in Aydin. *Journal of the European Academy of Dermatology & Venereology, 22*, 462-469.
- Eskin, M., Ertekin, K., Dereboy, C., & Demirkiran, F. (2007). Risk factors for and protective factors against adolescent suicidal behavior in Turkey. *Crisis: The Journal of Crisis Intervention and Suicide Prevention, 28*, 131-139.
- Eskin, M., Akoglu, A., & Uygur, B. (2006). Traumatic life events and problem solving skills in psychiatric outpatients: relationships with suicidal behavior. *Turkish Journal of Psychiatry, 17*, 266-275.
- Demirkiran, F., & Eskin, M. (2006). Therapeutic and None-therapeutic Reactions Towards Suicide Attempted Patients in a Group of Nurses and Doctors in Turkey. *Social Behavior and Personality: An International Journal, 34*, 891-906.
- Aycan, Z., & Eskin, M. (2005). Relative Contributions of Childcare, Spousal, and Organizational Support in Reducing Work-Family Conflict for Men and Women: The Case of Turkey. *Sex Roles, 53*, 453-471.
- Eskin, M., Kaynak-Demir, H., & Demir, S. (2005). Same-Sex Sexual Orientation, Childhood Sexual Abuse, and Suicidal Behavior in University Students in Turkey. *Archives of Sexual Behavior, 34*, 185-195.
- Dereboy, C., Harlak, H., Gürel, S., Gemalmaz, A., & Eskin, M. (2005). Teaching empathy in medical education. *Turkish Journal of Psychiatry, 16*, 83-89.
- Eskin, M. (2004). Effects of religious versus secular education on suicide ideation and suicidal attitudes in adolescents in Turkey. *Social Psychiatry and Psychiatric Epidemiology, 39*, 536-542.
- Eskin, M (2003). A cross-cultural investigation of the communication of the suicidal intent in Swedish and Turkish adolescents. *Scandinavian Journal of Psychology, 44*, 1-6.

- Eskin M (2003). Self-reported assertiveness in Swedish and Turkish adolescents: A cross-cultural comparison. *Scandinavian Journal of Psychology*, 44,7-12.
- Eskin, M. (2000). Ethical issues in clinical psychology. *Turkish Journal of Psychology*, 15, 81-83.
- Eskin, M. (2000). Adolescent mental health problems and their relationships with suicidal behavior. *Turkish Journal of Clinical Psychiatry*, 3, 228-234.
- Eskin, M. (2001). Loneliness and coping strategies and the relationship of loneliness with suicidal behavior in adolescence. *Turkish Journal of Clinical Psychiatry*, 4, 5-11.
- Eskin, M.,and Sarban, S. (2001). Euthanasia: What doctors say about it? *Journal of Sociology: A special issue for medical sociology*, 13, 129-135.
- Eskin, M. (1999). Social reactions of Swedish and Turkish adolescents to a close friend's suicidal disclosure. *Social Psychiatry and Psychiatric Epidemiology*, 34, 492-497.
- Eskin, M. (1999). Gender and cultural differences in the 12-month prevalence of suicidal thoughts and attempts in Swedish and Turkish adolescents. *Journal of Gender, Culture and Health*, 4,187-200.
- Eskin, M. (1997). Cross-cultural tests of the gender-role consistency and stigma hypotheses of suicidal behavior. *Journal of Gender, Culture and Health*, 2, 245-262.
- Eskin, M. (1996). Cross-cultural gender differences in the psychosocial correlates of current adolescent suicidal ideation. *Journal of Gender, Culture and Health*, 1, 189-205.
- Eskin, M. (1995). Suicidal behavior as related to social support and assertiveness among Swedish and Turkish high school students: A cross-cultural investigation. *Journal of Clinical Psychology*, 51, 158-172.
- Eskin, M. (1995). Adolescents' attitudes toward suicide, and a suicidal peer: A comparison between Swedish and Turkish high school students. *Scandinavian Journal of Psychology*, 36,201-207.
- Eskin, M. (1993). Swedish translations of the Suicide Probability Scale, Perceived Social Support from Friends and Family Scales, and the Scale for Interpersonal Behavior: A reliability analysis. *Scandinavian Journal of Psychology*, 34, 276-281.
- Eskin, M. (1993). Reliability of the Turkish version of the Perceived Social Support from Friends and Family Scales, Scale for Interpersonal Behavior, and the Suicide Probability Scale. *Journal of Clinical Psychology*, 49, 515-522.
- Eskin, M. (1992). Opinions about and reactions to suicide, and the social acceptance of a suicidal class mate among Turkish high school students. *The International Journal of Social Psychiatry*, 38, 280-286.

Eskin, M. (1989). Rural population's opinions about the causes of mental illness, modern psychiatric help sources and traditional healers in Turkey. *The International Journal of Social Psychiatry*, 35, 324-328.

Gilleard, E., Eskin, M., & Savasir, B. (1988). Nail biting and oral aggression in a Turkish student population. *British Journal of Medical Psychology*, 61, 197-201.

Eskin, M. (1995). Självmondsbeteende i två kulturer [Suicidal behavior in two cultures, in Swedish]. *Scandinavian Migration and EthnicMinorityReview*, 22, 27-32.

Teaching

Graduate Courses

Stress & Coping, Koç University, 2018-present

Research Methods in Clinical Psychology, Adnan Menderes University Graduate School of Social Sciences, Clinical Psychology Doctoral Program, 2010-present.

Couple and Family Therapies, Adnan Menderes University Graduate School of Social Sciences, Clinical Psychology Doctoral Program, 2010-present.

Problem Solving Therapy, Adnan Menderes University Graduate School of Social Sciences, Clinical Psychology Doctoral Program, 2010-present.

Personality and Psychopathology, Adnan Menderes University Graduate School of Social Sciences, Clinical Psychology Doctoral Program, 2010-present.

Cognitive Therapy, Adnan Menderes University Graduate School of Social Sciences, Clinical Psychology Doctoral Program, 2010-present.

Problem Solving Therapy, Adnan Menderes University School of Medicine Residency Training in Psychiatry, 2008-present.

Family Therapies, Adnan Menderes University School of Medicine, Residency Training in Psychiatry, 2006-present.

Psychosocial Treatment Approaches to the Treatment of Suicidal Patients, Adnan Menderes University School of Medicine Residency Training in Psychiatry, 2005-present.

Sexual Identity and Sexual Orientation, Adnan Menderes University School of Medicine Residency Training in Psychiatry, 2005-present.

Personality and Psychopathology, Adnan Menderes University Graduate School of Health Sciences, Clinical Psychology Program, 2000-present.

Psychotherapy Approaches, Adnan Menderes University Graduate School of Health Sciences, Clinical Psychology Program, 2000-present.

Research Methods and Statistics in Psychology, Adnan Menderes University Graduate School of Health Sciences, Clinical Psychology Program, 2000-present.

Undergraduate Courses

Introduction to Psychology, Middle East Technical University, 1988-1989

Psychology of suicide, Stockholm University, 1996

Developmental Psychology, Stockholm University, 1995-1996

Theories of Personality, Koc University, 1997-1998

Abnormal Psychology, Koc University, 1998-1999

Theories of Personality, Istanbul Bilgi University, 1999-2000

Psychopathology, Istanbul Bilgi University, 1999-2000

Introduction to Psychology, Adnan Menderes University, 2000-2018

Communication Skills, Adnan Menderes University, 2000-2018

Psychiatry (Suicide, eating disorders & psychiatric aspects of sexual disorders,
Adnan Menderes University, 2001-2018

Introduction to Psychology, Nursing school at AdnanMenderesUniversity, 2008.

Research Methods, at Adnan Menderes University, Psychology Department, 2016-2018.

Readings in Psychology, at Adnan Menderes University, Psychology Department, 2017-2018.

Stress & Coping, Koç University, 2018-present

Abnormal Psychology, Koç University, 2019-present

Theories of psychotherapy, Koç University, 2019-present

Clinical Psychology, Koç University, 2020-present

Clinical Practicum, Supervision, and Therapy Services

Psychotherapy, Adnan Menderes University, Medical School Hospital, Psychiatric inpatients.

Group Psychotherapy, Adnan Menderes University, Medical School Hospital, Psychiatric inpatients.

Psychotherapy, Adnan Menderes University, Medical School Hospital, Psychiatric outpatients.

Psychotherapy Supervision, Psychology MA and Ph.D. students and Residents in Psychiatry, Adnan Menderes University.

Clinical Supervision, Psychology MA and Ph.D. students, Adnan Menderes University.

Clinical Practicum, at SSK Dışkapı Hospital Psychiatry Adult Ward, Ankara, 1987.

Clinical Practicum, Ankara University, School of Medicine Child Psychiatry Department, Ankara, 1988.

Clinical Psychologist, at Stockholm County Council's Psychosocial Research Unit, Stockholm, Sweden, 1996-1997.

Founder, DIYALOG, Psychological Counseling and Psychotherapy Center, Suadiye, Istanbul 1999-2000.

Theses Supervised

PhD

Planlanmış Davranış Teorisi Bağlamında Evliliği Sürdürme ve Sonuçları. Gamze Karadayı, PhD in Clinical Psychology, Adnan Menderes University Graduate School of Social Sciences, 2020.

Posttraumatic growth in persons breaved by suicide or whose intimates attempted suicide, Tolga Köskün, PhD in Clinical Psychology, Adnan Menderes University Graduate School of Social Sciences, 2019.

Masters

Discrimination against LGBTI in health care system and its psychological impacts. Pelin Karaca, MS in Clinical Psychology, Adnan Menderes University Institute of Health Sciences, 2019.

Sense of identity, religious orientation and psychological well-being in university students. ÖmerTaha Sözer, MS in Clinical Psychology, Adnan Menderes University Institute of Health Sciences, 2017.

Examination of the relationship between depressive symptoms and cognitive vulnerability factors and social-environmental vunerability factors in non-clinical adolescents. Sinem

Öztürk Dursun, MS in Clinical Psychology, Adnan Menderes University Institute of Health Sciences, 2017.

Examining the Relationship Between Eating Attitude, Social Problem Solving and Parental Bonding in Adolescents. Nur Aytin, MS in Clinical Psychology, Adnan Menderes University Institute of Health Sciences, 2014.

Religious Orientation and Suicidal Behavior and Attitudes. Betül Çetin Tulum-Huyut, MS in Clinical Psychology, Adnan Menderes University Institute of Health Sciences, 2013.

Efficacy of Problem Solving Training in the Treatment of Depression. Elvan Demirbag, MS in Clinical Psychology, Adnan Menderes University Institute of Health Sciences, 2013.

Self-Construal, Suicide and Suicidal Attitudes. Özge Yaren Yavuz, MS in Clinical Psychology, Adnan Menderes University Institute of Health Sciences, 2013.

Social Problem Solving and Personality Disorders in University Students. Ömer Yavuz Yetiş, MS in Clinical Psychology, Maltepe University Institute of Social Sciences, 2010.

Personality Disorders and Sexual Orientation in Young People. Gülden Nazlı Yeşiler, MS in Clinical Psychology, Adnan Menderes University Institute of Health Sciences, 2010.

Attachment Styles and Personality Disorders in Young People. Fatma Evrim Erdoğan, MS in Clinical Psychology, Adnan Menderes University Institute of Health Sciences, 2010.

Interspousal Violence: Determinants and its effects on mental health. Deniz Büyük gök, MS in Clinical Psychology, Adnan Menderes University Institute of Health Sciences, 2007.

Reliability and validity study of the Suicide Probability Scale in a clinical sample. Zehra Atlı, MS in Clinical Psychology, Adnan Menderes University Institute of Health Sciences, 2007.

A problem solving intervention for the primary prevention of suicidal behavior in Adolescents. Kamil Ertekin MS in Clinical Psychology, Adnan Menderes University Institute of Health Sciences, 2005.

Attachment and suicidal behavior in university students. Sinem Demir, MS in Clinical Psychology, Adnan Menderes University Institute of Health Sciences, 2004.

Recognitions & Funding

Academy of Sciences (Bilim Akademisi), Elected Member, Turkey.

2009 Işık Savaşır Clinical Psychology Research Award

Obtained research grants and stipends from the following institutions for the research on *Adolescent Suicide*:

- Swedish Council for Planning and Coordination of Research (FRN), Sweden
- Swedish Foundation for International Cooperation in Research and Education (STINT), Sweden
- Swedish Institute (SI), Sweden
- Wallenberg Foundation, Sweden
- Lars-Hierta Memorial Fund (SLHM), Sweden
- First of May Flower Foundation (FMBRF), Sweden
- Adnan Menderes University Research Grant (ADU-BAP)

Obtained funding from the following financial institutions for a research project on the *Effects of Work Family Conflict on Personal and Familial Well-Being in Dual-Career Couples with Preschool Children*.

- Garanti Bank, Turkey
- Turk Ekonomi Bank, Turkey

Obtained funding (with a group of researchers in public health) for a Project on *Improving Reproductive Health in Rural Areas Through Educating Religious Leaders* from the European Union Delegation to Turkey.

Administrative Positions

Director, Research Center for Youth Problems and Applications at Adnan Menderes University, 2006-2014.

Member of the pre-disciplinary Committee at Adnan Menderes University Faculty of Medicine 2006-2010.

Head of the Communication Skills Subdivision in Medical Education Division at Adnan Menderes University, Faculty of Medicine, 2003-2007.

Head of the Educational and Psychological Services Unit of the Center for the Research of Youth Problems and Applications at Adnan Menderes University, 2000-2002.

Journal Reviewing

- Journal of Cross-Cultural Psychology
- Psychology, Health and Medicine
- Cognitive Therapy and Research
- Social Psychiatry and Psychiatric Epidemiology

- Psychiatry Research
- Aids Care
- International Journal of Psychology
- Personality and Individual Differences
- European Child and Adolescent Psychiatry
- Journal of Social and Personal Relationships
- Pediatrics
- Journal of Medical Sciences
- Scandinavian Journal of Psychology
- Ethnicity and Health
- Vulnerable Children and Youth
- Journal of Social Behavior and Personality
- Turkish Journal of Psychiatry
- Turkish Journal of Psychology
- Turkish Psychological Articles
- Turkish Journal of Clinical Psychiatry
- Turkish Journal of Sociological Investigations
- Psychological Reports
- Journal of Homosexuality
- Gençlik Araştırmaları Dergisi/Journal of Youth Research
- Journal of Psychology and Psychotherapy Research
- Psychology, Health & Medicine
- Polish Psychological Bulletin
- Death Studies
- Journal of Religion and Health
- Journal of Youth Studies
- Clinical Practice & Epidemiology in Mental Health

Memberships

Clinical Practice & Epidemiology in Mental Health Editorial Board Member

European Psychiatric Association-Suicidology Section 2014-present.

Member of the Adnan Menderes University, Faculty of Medicine Ethics Committee 2012-2018.

Turkish Psychological Association 1997-present.

Mediterranean Society on Mental Health (Representative for Turkey and coordinator) 2013-present.

World Suicidology Net 2010-present.

New York Academy of Sciences 1997-2002.

Swedish Psychological Association 1997-2000.

Selected Presentations at Scientific and Professional Meetings

Eskin, M., Devrimci-Özgüven, H., Öncü, B., & Hacimusalar, Y. (2020). Klinikte karıştırmız olgu örnekleri, ne yapmalıyız? 55. Ulusal Psikiyatri Kongresi, 23-27 Ekim, İstanbul.

Eskin, M. (2020). İntihar: Tanımlar, Sayılar, Yanlış-Doğrular ve Değerlendirme. 5. Medipol Üniversitesi Günleri, 22-23 Şubat, İstanbul.

Eskin, M. (2020) Sağlık alanında iletişim: Soruluklar, olasılıklar ve fırsatlar. Türkiye Radyoloji Derneği Radyoloji Kış Okulu, 2-7 Şubat, Antalya.

Eskin, M. (2020). İntihara meyilli öğrenciler için ne yapabiliriz? Aydın Adnan Menderes Üniversitesi Gençlik Sorunları Araştırma ve Uygulama Merkezi, 13 Ocak, Aydın.

Eskin, M. (2020). Klinik Psikoloji. Bilim Akademisi Sosyal Bilimler Yaz Okulu, 24-26 Haziran, İstanbul

Dereboy, F., Eskin, M., & Dereboy, Ç. (2019). Validity of the SCID II in diagnosing general personality disorder. Poster session presented at the *19th World Congress of Psychiatry (WCP 2019)*, August 21-24, Lisbon, Portugal.

Dereboy, F., Dereboy, Ç. & Eskin, M. (2019). Validity and reliability of the DSM-5 alternative model personality trait ratings in Turkey. Poster session presented at the *19th World Congress of Psychiatry (WCP 2019)*, August 21-24, Lisbon, Portugal.

Köskün, T., & Eskin, M. (2019). Posttraumatic Growth among suicide survivors and whose loved one attempted suicide. *16th European Congress of Psychology*, July 2-5, Moscow, Russian Federation.

Eskin, M. (2019). Psikoterapi eğitiminde süpervizyon. *Türkiye Psikoterapi Zirvesi*, 28-29 Nisan, İstanbul.

Eskin, M. (2019). İntihar: Kavramlar, Sayılar, Yanlış Bilinenler ve Değerlendirme. *Türk Alman Üniversitesi Psikoloji Günleri I*, 14 Mart, İstanbul.

Eskin, M. (2019). İntihar ölümlerinde geride kalmak. *11. ODTÜ Psikoloji Günleri*, 9-10 Mart, Ankara.

Eskin, M. (2019). Sorun çözme. *Bursa Sanayici ve İş Adamları Derneği Açık Kapı Toplantıları, Felsefe Söyleşileri*, 18 Ocak, Bursa.

Köskün, T. & Eskin, M. (2018). Yakınlarını intihar nedeniyle kaybeden ve yakınları intihar girişiminde bulunan kişilerde travma sonrası stres ve ilişkili değişkenler. 20. *Ulusal Psikoloji Kongresi*, 15-17 Kasım, Ankara.

Eskin, M. (2018). İntihar: Kavramlar, sayılar, yanlış bilinenler ve değerlendirme. *Koç Üniversitesi Hastanesi Psikiyatri Davetli Konuşma*, 23 Ekim, İstanbul.

Eskin, M. (2018). Sorun çözme yaklaşımı: Psikolojinin farklı alanlarında bilim tabanlı uygulamalar. 20. *Ulusal Psikoloji Kongresi*, 15-17 Kasım, Ankara.

Eskin, M. (2018). İntihar kavramı: İstatistikler ne söylüyor ve intihar hakkında yanlış bildiklerimiz. 11. *İntiharı Önleme Günü Sempozyumu*, 10 Eylül, Ankara.

Eskin, M. (2018). Eşcinsellik: Bilim ne diyor? *Yeditepe Üniversitesi, 3. Psikoloji Günü*, 16 Aralık, İstanbul.

Eskin M (2018). Sorun Çözme Terapisi. *Türkiye Psikoterapi Zirvesi*, 28-29 Nisan, İstanbul.

Eskin M (2018). Suicide and Culture. *Personality and Health Psychology Conference*, Organized by Beirut Arab University, 13-14 March, Beirut, Lebanon.

Senel, P., Doğan, S., & Eskin, M. 2012). *Counseling and psychotherapy in turkey: History, current state, future potentials*. 2013 APA Annual Convention.

Eskin M (2016). Sorun Çözme Terapisi. *III. Azerbaycan Uluslararası Psikoloji Konferansı, Hazar Üniversitesi*, Bakü, Azerbaycan.

Eskin M (2016). Eşcinsellik: Kuram Araştırma, Bilim Ne Diyor. *III. Azerbaycan Uluslararası Psikoloji Konferansı*, Hazar Üniversitesi, Bakü, Azerbaycan.

Güneş, A., Kılınçaslan, A., Eskin M (2015). Psychometric properties of the Turkish version of Columbia-Suicide Severity Rating Scale among 12-18 year old adolescents in Turkey. 62. American Academy Child and Adolescent Psychiatry Annual Meeting, USA.

Eskin M (2013). Problem solving treatment approach to youth suicide problem. Regional Conference of the International Society for Adolescent Psychiatry and Psychology (Isapp), Ankara.

Poyrazli S., Eskin. M. (2012). Bisexual identity in a traditional culture: a case study from Turkey. American Psychological Association 2012 Annual convention, Orlando, Florida, USA

Eskin. M. (2015). İntihar ve din. 8. İntiharı Önleme Günü Sempozyumu, Çanakkale.

Eskin. M. (2015). Sorun çözme terapisi. 20. Ulusal Psikoloji Öğrencileri Kongresi, Gaziantep.

- Eskin. M. (2015). Sorun çözüme terapisi. VII. Işık Savaşır Klinik Psikoloji Sempozyumu, Ankara.
- Eskin. M. (2014). Hızlı sosyo kültürel değişim sürecinde genç intiharını anlamak. İntihar Önleme Günü Sempozyumu, Aydın.
- Eskin. M. (2014). Eşcinsellik: Kuram-araştırma. 18. Ulusal Psikoloji Kongresi, Bursa
- Eskin. M. (2013). İntihar ve kültür. 6. İntihar Önleme Günü Sempozyumu, Ankara.
- Eskin. M. (2011). Yetişkinlerde bilişsel davranışçı Teparinin etkililiği. V. Işık Savaşır Klinik Psikoloji. Sempozyumu, Aydın.
- Eskin. M. (2010). Cinsel yönelim ve etkileri. 16. Ulusal Psikoloji Kongresi, 14-18 Nisan, Mersin.
- Eskin. M. (2009). Psikoterapi eğitiminin neresindeyiz? IV. Işık Savaşır Klinik Psikoloji Sempozyumu, İzmir.
- Eskin. M. (2008). Escinsellik. 13. Ergen günleri Sempozyumu, Kuşadası
- Eskin. M. (2008). Sorun çözüme terapisi. 13. Ergen günleri Sempozyumu, Kuşadası
- Eskin. M. (2008). Zekâya yönelik psikolojik değerlendirme: sınır çatışmaları nasıl önlenbilir? 44. Ulusal Psikiyatri Kongresi, Antalya
- Eskin. M. (2008). İntihar ve kültürlerarası farklar. 20. Ulusal Çocuk ve Ergen Ruh Sağlığı ve Hastalıkları Kongresi, Bodrum
- Eskin M. (2004). A problem solving approach to adolescent psychological problems. XIII. National Psychological Congress, 7-11 September, Istanbul Bilgi University, Istanbul.
- Eskin, M. (2002). Suicid och Attityder till Suicid hos Ungdomar: Jämförelse Mellan Sverige och Turkiet (Suicide and attitudes toward suicide in young people: Comparison between Sweden and Turkey). June, Danderyd Hospital, Stockholm, Sweden.
- Eskin, M. (2002). Suicid tankar och suicid handlingar hos unga vuxna från ett tvärkulturellt perspektiv (Suicide and suicidal behavior in young adults from a cross-cultural perspective). September, Danderyd Hospital, Stockholm, Sweden.
- Eskin, M. (2002). The Total workload of Turkish women and men. III. International Congress of Women, Work and Health, 2-5 June, Stockholm, Sweden.
- Eskin, M. (2002). Üniversite öğrencilerinde cinsel yönelim ve intihar davranışı. XII. National Congress of Psychology, 11-13 september, METU, Ankara.

Eskin, M. (2002). Şiddetin psikolojik, politik ve hukuksal boyutları adlı panelde: Bireysel Şiddet. XII. National Congress of Psychology, 11-13 september, METU, Ankara.

Aycan, Z. and Eskin, M. (2002). A support framework to predict the effects of work-family conflict on psychological well-being, quality of family life and job performance. Paper Presented at the 8th Congress of ISSWOV, June, Poland.

Eskin, M. (2001). Ergenlikte biyopsikososyal gelişim: Son gelişmeler adlı panelde: Ergenlikte bilişsel gelişim. 6. Ergen Günleri Sempozyumu, 15-17 November, Foça, İzmir.

Eskin, M. (2000). Ergenler arasında ruhsal sorunlar ve bu sorunların intihar düşüncesi ve girişimiyle ilişkileri. XII. National Congress of Psychology, 20-22 September, İzmir.

Eskin, M., ve Aycan, Z. (2000). Okul öncesi yaşta çocuğu bulunan çalışan ailelerde anne-baba ruh sağlığı ve çocukların davranış sorunları. XII. National Congress of Psychology, 20-22 September, İzmir

Eskin, M. (2000). İntihara kültürel bir bakış ve psikososyal bir model denemesi. 9. Anadolu Psikiyatri Günleri, 13-17 June, Edirne.

Eskin, M. (2000). Lise öğrencileri arasında yalnızlık, başetme yöntemleri ve yalnızlığın intihar davranışı ile ilişkisi. 9. Anadolu Psikiyatri Günleri, 13-17 June, Edirne.

Dereboy, Ç., Gülgöz, S., Sevinçok, L., ve Eskin, M. (2000). Kişilik ve bozuklukları: Boyut mu? Sıçrama mı? Adlı panelde: Psikodinamik açıdan kişilik ve bozuklukları. XII. National Congress of Psychology, 20-22 September, İzmir.

Aycan, Z., Ergin, C., Eskin, M., Kepir-Sinangil, H., Sümer, C., Fikret-Paşa, S., ve Wasti, A. (2000). Türkiye'de endüstri ve örgüt psikolojisi alanında yeni çalışmalar Adlı panelde: Çift gelirli ailelerde kadının ve erkeğin iş-aile çatışmasını etkileyen faktörler. XII. National Congress of Psychology, 20-22 September, İzmir.

Çok, F., Eskin, M., ve Torun-Reid, F. (2000). Ergenlikte cinsellik ve özerklik adlı panelde: "Ergenlikte eşcinsellik". 5. Ergen Günleri Sempzoyumu, 23-25 November, Kuşadası.

Eskin, M., ve Aycan, Z. (2000). Values and attitudes towards women's work and work-family conflict in turkish families with preschool children. Paper Presented at the 7th Congress of ISSWOV, Jarusalem, Israel.

Aycan, Z., ve Eskin, M. (2000). A cultural perspective to work-family conflict in dual-career families with preschool children: The case of Turkey. Paper Presented at the 15th Congress of IACCP Pultusk, Poland.

Eskin, M. (1994). Sex differences in the correlates of adolescent suicidal ideation: A cross-cultural perspective. The 4th Biennial Conference of the European Association for Research and Adolescence, 28 Haziran-1 Temmuz, Stockholm, Sweden.

Eskin, M. (1994). Social perceptions of assertion versus non-assertion in Turkish adolescents: The role of gender. XII. International Congress of Cross-Cultural Psychology, 24-27 Temmuz, Pamplona, Spain.

Demographics

Born: October 15, 1963

Marital Status: Married with two daughters

Languages: Turkish (mother tongue), English, Swedish, Norwegian